

# UNIVERSITY OF ORANGE

SPRING 2015

Welcome to the 2015 spring semester at the University of Orange. We are a free people's school founded in 2008. We believe that everyone has something to teach and everyone has something to learn. We are happy to be working with the Orange Adult School and to offer you all of these volunteer-led courses throughout our community. **Join us!**

**Molly Rose Kaufman**  
Provost

**Aubrey Murdock**  
Academic Dean

**Khemani Gibson**  
Assistant Academic Dean

[universityoforange.org](http://universityoforange.org)

grad  
requirements:

TAKE 2  
UOFO COURSES

vote

attend a city meeting

volunteer

HAVE FUN  
WITH  
YOUR  
NEIGHBORS

See you at graduation June 20th!

## need help fulfilling your requirements?

visit our website for  
city meeting fieldtrips  
[universityoforange.org](http://universityoforange.org)

**volunteer:**

**South Mountain Conservancy** offers opportunities to work in the South Mountain Reservation including trail maintenance and trash tacklers. Visit the SMC's website for more information:  
[www.somocon.org/get-involved](http://www.somocon.org/get-involved)

**LANBI - Center for Humanities & Civics** is looking for ESL teachers & tutors on Tuesdays & Wednesdays. For more information and other volunteer opportunities, such as upcoming math & citizenship classes, contact LANBI: [martialb@lanbi-center.org](mailto:martialb@lanbi-center.org) or [darlenes@lanbi-center.org](mailto:darlenes@lanbi-center.org)

Telephone: 908-625-3121 or 201-640-6689

Previous tutoring experience is not required. Please bring patience & respect.

visit our website or email for more information about University of Orange courses  
universityoforange@gmail.com [universityoforange.org](http://universityoforange.org)

## **Adult School at Rosa Parks Community School**

University of Orange is happy to offer courses in partnership with the Orange Board of Education & Rosa Parks Community School

### **A Civic Life: Government in Orange**

Interested in how to effect political change at a local level? Through research of local and state government, addressing the roles of the individual, group, and institution in civic participation and duty, and through a series of practices that will involve guest speakers, and a field trip to city hall where we will attempt to engage directly with our local leaders, this course will help students rebuild a love of civic life!

**Instructor:** Drew Tucker

**Time:** Thursdays March 26, April 2, April 16 & April 23, April 30 6 p.m.- 7 p.m.

**Location:** Rosa Parks Community School . 369 Main Street, Orange, NJ 07050

### **Power of the Breath**

In this class you will learn how to decrease stress in the body and mind with simple techniques that uplift energy and mood with a resource that is available all the time/ at no cost.... the breath! Take home some practices that can help you live a healthier, more joyful, and more intentional life.

**Instructor:** Brinda Sivaramakrishnan

**Time:** Thursday May 14, 6 p.m.

**Location:** Rosa Parks Community School . 369 Main Street, Orange, NJ 07050

### **Film Series**

#### **I Shall Not Be Silent**

A documentary film about a rabbi who would not be silenced, from synagogues in 1930's Berlin to the March on Washington in 1963, featuring Andre Braugher reading excerpts of Prinz's writings. Learn about a great man who led a synagogue in Orange, NJ.

**Time:** Thursday May 28, 7 p.m.

**Location:** Rosa Parks Community School . 369 Main Street, Orange, NJ 07050

#### **Nostalgia for the Light**

Director Patricio Guzman travels to Chile's Atacama Desert where astronomers examine distant galaxies, archaeologists uncover traces of ancient civilizations, and women dig for the remains of disappeared relatives. Join us to watch this award winning documentary in Spanish with English subtitles.

**Time:** Thursday May 7, 7 p.m.

**Location:** Rosa Parks Community School . 369 Main Street, Orange, NJ 07050

# Music Department

## Guitar Workshop Series

Guitar Workshops will be taught by experienced musicians and will introduce the attendee to a variety of playing styles and techniques to help them improve their playing ability. These workshops are for those who are just starting out on the guitar and for more advanced players who wish to learn something new or are interested the care of their guitar. Class sizes are limited to 15 students. You must provide your own instrument.

**Instructors:** Jay Rosenblatt, Andrew Kowal, Al Gold, Brian Kelly, Michael Reitman

**Time:** Mondays, 7 p.m. - 8:30 p.m.

**Location:** Ironworks Gallery . 406 Tompkins Street, Orange, NJ 07050

**March 2:** Guitar care and maintenance with Jay Rosenblatt

**March 9:** First Lessons - basic chords with Andrew Kowal (homework)

**March 16:** First Lessons - basic chords with Andrew Kowal

**March 23:** First Lessons - basic chords with Andrew Kowal

**March 30:** Visual Presentation - "How a Guitar Is Built " hosted by Jay Rosenblatt-Luthier  
(Open to all)

**April 6:** Blues Progressions & Riffs with Al Gold (homework)

**April 13:** Blues Progressions & Riffs with Al Gold (homework)

**April 20:** Classical Techniques & Modern Mischief with Brian Kelly (homework)

**April 27:** Classical Techniques & Modern Mischief with Brian Kelly (homework)

**May 4:** Skip James Tunings with Michael Reitman

**May 11:** Skip James Tunings with Michael Reitman

## Songwriting Lab with Hat City Kitchen

While this might look like just another open mic, it is also a showcase for songwriters to test new material and earn UofO credit while doing it. You can sign up to sing/play three songs or do one original song and get audience feedback. It is the songwriting part of the program for which we will be giving credit, the rest fulfills your U of O graduation requirement to have fun with your neighbors. No bar fights permitted. Songwriters will be expected to present three songs of their own making for critique over the 6 nights. They will also be expected to critique at least 3 songs of other writers/composers. Come test your stuff. Suggested reading: How Music Works by David Byrne

**Instructor:** Jamy Lassell, your classmates & the crowd

**Time:** Tuesdays, 7:30 p.m. - til late (March 3 & 31, April 14 & 28, May 12 & 26)

**Location:** Hat City Kitchen Stage . 459 Valley Street, Orange, NJ 07050

## **Intro to West African Drum**

This workshop highlights the infectious, traditional, poly rhythmic music associated with the West African djembe drum. Participants will learn basic hand drum technique, a vocable drum language, and music that is hundreds of years old, while experiencing a powerful connection to each other through body, mind and spirit. Adults, mature teens, all levels, welcome. Bring your own hand drum or borrow one of ours.

For more information visit [www.marafanyi.com](http://www.marafanyi.com)

**Instructors:** The Ladies of Marafanyi featuring Lara Gonzalez

**Time:** Saturday May 2, 1 p.m. - 2:30 p.m.

**Location:** ValleyArts Firehouse Gallery, 580 Forest Street, Orange NJ 07050

## **Build Your Own Harmonica Microphones**

This is a course where the blind lead the blind and hopefully don't go deaf in the process. We will bring as many different microphones as we can find to class, along with a couple of amplifiers and try them all out. Bring a harmonica or two and if you have microphones you want to compare, bring those. Maybe earplugs, it could get loud. Second session we'll build each participant a microphone of their own, on the cheap.

**\$20 lab fee.** If you have a soldering iron bring it. We'll add a third session if needed.

Please register by emailing so we can order microphone parts:

**universityoforange@gmail.com**

**Instructors:** Carl Wilson & Jamy Lasell

**Time:** Wednesday April 15 & Wednesday April 22, 7 p.m.-8 p.m.

**Location:** Ironworks Gallery . 406 Tompkins Street, Orange, NJ 07050

## **Dance & Athletics**

### **Ultimate Frisbee**

Ultimate Frisbee is the greatest team sport and it's totally "player officiated" - no referees. Ultimate stresses conflict resolution and Spirit of the Game. The sport was invented in 1968 at Columbia High School in Maplewood and is now played around the world. We will teach the basics and then play a big game.

**Instructor:** Patrick Morrissy

**Time:** Saturday May 9, 3:30 p.m. - 5 p.m.

**Location:** Metcalf Park . Valley Street between Chestnut & Argyle, Orange, NJ 07050

### **Intro to West African Dance**

This workshop highlights the beautiful, archetypal movements of traditional dances that are hundreds of years old. Connecting body, mind and spirit, participants learn to express themselves through a powerful, lyrical vocabulary of steps, and experience the shared language of African drum and dance via this energetic and expressive art form. Adults, mature teens, all levels, welcome. Dress comfortably for movement.

For more information visit [www.marafanyi.com](http://www.marafanyi.com)

**Instructors:** The Ladies of Marafanyi featuring Lara Gonzalez

**Time:** Saturday May 2, 11 a.m.- 12:30 p.m.

**Location:** ValleyArts Firehouse Gallery, 580 Forest Street, Orange NJ 07050

## Urbanism Department

### Neighborhood Tour: Southwest Corner of Orange

This is a tour to familiarize folks who don't live in this district with a pleasant corner of the city. We will meet some neighbors, see some interesting architecture, visit public facilities and infrastructure, maybe participate in a sporting event and head home, hopefully happier. The walk will be about a mile and a half.

Prerequisites: Good walking shoes

Join us after the tour at Metcalf Park for a game of ultimate frisbee (see above).

**Instructors:** Jamy Lassell & Carrie Washington

**Time:** Saturday May 9, 2 p.m. - 3:30 p.m.

**Location:** Meet at the outbound side parking lot of the Mountain Train station  
(you can get here by train, visit NJ Transit for schedules and fares)

### i8inorange: A Food Lovers Walking Tour of Orange

Orange, NJ is an international food destination. Join us as we walk the around the city and visit our favorite eateries for treats from around the world. We'll learn about the city's history and local culture. Be prepared for a moderate amount of walking and a serious amount of eating.

**Instructor:** Molly Rose Kaufman

**Time:** Saturday May 16, 2 p.m. - 4 p.m.

**Location:** Meet on the Steps of the Orange Public Library, 348 Main Street, Orange, NJ

**There is a \$25 supplies fee.** All interested students must register and submit payment by May 9th. Register online with PayPal at or send a check payable to University of Orange to University of Orange, 15 South Essex Ave, Orange, NJ 07050. Please include a note with your name, contact information and favorite food.

## Special Events

### A Just and Safe Orange: Improving Police and Community Relations

Join us for community conversation with elected officials, representatives from the police department, youth, parents and more. We will hear from experts and then explore what it means for Orange to be a just and safe city for all.

**Time:** Monday March 23, 6 p.m. - 8 p.m.

**Location:** First Unitarian Universalist Church of Essex County

35 Cleveland Street, Orange, NJ 07050

### Save the Date for Placemaking 7

Saturday April 25th

look out for more details on our website: [universityoforange.org](http://universityoforange.org)

# university of orange graduation requirements checklist:

You can use this sheet to keep track of your accomplishments.

We'll share highlights together at graduation.

take 2 UofO courses

I took \_\_\_\_\_

I took \_\_\_\_\_

vote  
(non-governmental voting applies)

volunteer

attend a city meeting

have fun with your neighbors

**Join us on June 20th for Graduation  
& bring a hat!**

FOR MORE INFORMATION, DATES, LOCATIONS, AND UPCOMING EVENTS  
check our website [www.universityoforange.org](http://www.universityoforange.org)