

UNIVERSITY OF ORANGE FALL 2015

Dear U of O Community,

At our fall 2015 teacher training we were reminded of one of the founding principles of our school: everyone has something to teach and everyone has something to learn. Hearing the courses that our amazing volunteers planned to offer helped us again see the profound richness in our community. We don't always talk to our neighbors much less imagine that they will share with us their passion for music, meditation or paper mache. We are looking forward to many things this year including working with many partners to examine the history and future of I-280 and offering courses and activities at the Adult School at Rosa Parks. We can't wait to listen to your stories, hear your ideas and take your courses.

Best, Molly Rose Kaufman
Provost

Aubrey Murdock
Academic Dean

Khemani Gibson
Assistant Academic Dean

universityoforange.org

graduation
requirements:
vote
volunteer

UofO

take 2
courses

• • • • •
have fun
with your
neighbors

attend a city meeting

need help fulfilling
your requirements?
volunteer:

South Mountain Conservancy offers opportunities to work in the South Mountain Reservation including trail maintenance and trash tacklers. Visit the SMC's website for more information:
www.somocon.org/get-involvedt

LANBI - Center for Humanities & Civics is looking for ESL teachers & tutors on Tuesdays & Wednesdays. For more information and other volunteer opportunities, such as upcoming math & citizenship classes, contact LANBI: martialb@lanbi-center.org or darlenes@lanbi-center.org

Telephone: 908-625-3121 or 201-640-6689

Previous tutoring experience is not required. Please bring patience & respect.

visit our website or email for more information about University of Orange courses
universityoforange@gmail.com universityoforange.org

Adult School at Rosa Parks Community School

UofO is happy to offer courses in partnership with Orange Board of Ed. & Rosa Parks Community School

Coding for Websites & More

This class is for beginning and intermediate web designers and programmers who want a space to practice their craft and take on new challenges. We will begin building web pages in HTML and CSS in the first session(s) and understand concepts like cascade, inheritance, and the box-model. Soon after we add Javascript or JQuery coding, allowing movement and user interaction, understanding concepts like functions, front/back ends, and user experience (UX). For more advanced students we can move on to server side scripting like PHP and/or Python for collecting email or writing simple apps.

This class will have lots of hands-on time, with several short lectures each followed by an assignment and guided lab time to practice our design ideas. Loads of additional independent learning resources will be shared!

Instructor: Karen Sullivan of radiuscampus.com

Time: Thursdays October 29 - December 17 . 6 p.m. - 9 p.m.

Location: Rosa Parks Community School . 369 Main Street, Orange, NJ 07050

Intro to West African Dance

This workshop highlights the beautiful, archetypal movements of traditional dances that are hundreds of years old. Connecting body, mind and spirit, participants learn to express themselves through a powerful, lyrical vocabulary of steps, and experience the shared language of African drum and dance via this energetic and expressive art form. Adults, mature teens, all levels, welcome. Dress comfortably for movement.

For more information visit www.marafanyi.com.

Send registration to rootsheartpulse@ureach.com

Instructor: The Ladies of Marafanyi featuring Lara Gonzalez

Time: Thursday October 29 . 6 p.m. - 7:15 p.m.

Location: Rosa Parks Community School . 369 Main Street, Orange, NJ 07050

Intro to West African Drum

This workshop highlights the infectious, traditional, poly rhythmic music associated with the West African djembe drum. Participants will learn basic hand drum technique, a vocable drum language, and music that is hundreds of years old, while experiencing a powerful connection to each other through body, mind and spirit. Adults, mature teens, all levels, welcome. Bring your own hand drum, or reserve one of ours when you register.

For more information visit www.marafanyi.com

Send registration to rootsheartpulse@ureach.com

Instructor: The Ladies of Marafanyi featuring Lara Gonzalez

Time: Thursday October 29 . 7:30 p.m. - 9 p.m.

Location: Rosa Parks Community School . 369 Main Street, Orange, NJ 07050

The Power of Chant

The Power of Chant is an introduction to the cultural, scientific, religious and spiritual background of the practice of chanting. The student will learn what chanting is and what differentiates it from other kinds of vocalizing such as speech and song. The student will come to understand why this ancient practice continues to the present day in many cultures around the world, as well as chanting's connections with health and spiritual development. Finally students will be asked to consider how they might integrate chanting (or other forms of sound and music making) into their lives in the future.

Course Goals:

- Learn what chanting is and how it can benefit one's health, mental & spiritual development
- Expose participants to chants from a variety of cultural\religious\spiritual traditions for the promotion of intercultural & interreligious understanding
- Promote community building, healing, artistic & spiritual development through participation in sound & music making

The session will consist of a lecture, opportunities for interactive, experiential learning; discussion; and chanting. The course is for anyone who has a voice; no prior musical training or experience is necessary.

Instructor: George Brandon, Ph.D., ISMP

Time: Thursday November 12 . 6:30 p.m. - 8 p.m.

Location: Rosa Parks Community School . 369 Main Street, Orange, NJ 07050

Meditation & Power of the Breath

In this class you will learn how to decrease stress in the body and mind with simple techniques that uplift energy and mood with a resource that is available all the time ... the breath! Take home some practices that can help you live a healthier, more joyful, and more intentional life.

Instructor: Brinda Sivaramakrishnan

Time: Thursday November 19 . 6 p.m.

Location: Rosa Parks Community School . 369 Main Street, Orange, NJ 07050

Music Department

Music Theory

This course focuses on basic Western tonal music theory and harmony through studying major and minor scales, intervals, chords, singing, ear-training and direct practical application of the materials presented in class on our primary instruments. Students are asked to bring instruments to class and to practice material outside of class time. Beginners as well as more experienced music theorists are welcome. Class will be divided into groups according to the experience of the class members. Some class sessions will be devoted to listening to and sharing music. Field trips are encouraged.

TEXTBOOK: MUSIC THEORY WORKBOOK, for all musicians, by Chris Bowman, \$12.99
ISBN: 978-1-4768-0852-9

Instructor: Margaux Simmons

Time: Wednesdays October 7 - December 16 . 7:30 p.m. - 9 p.m.

Location: Ironworks Gallery . 406 Tompkins Street, Orange, NJ 07050

The Ed Talks - The Business of Music

This is a lecture series by local professionals in the music industry who will be discussing how money is made and lost in the biz. Intended for anyone who wants to make a living doing music. We'll learn possible paths, pitfalls, rules, & benefit from others' experience in a field undergoing major disruptions. Format is flexible, a 1 hour talk followed by questions. Check back to universityoforange.org as speakers will be added as they become available.

Host: Jamy Lasell

Time: Tuesdays & Thursdays 7 p.m. - 9 p.m. & other times as noted

Location: Kelli Copeland Creative Co-op Classroom . 400 S. Jefferson Street, Orange, NJ 07050

- Tues. Oct. 13:** Teaching & Composing in Academia
Dr. Margng for Movies and TV . John Kaefer, Composer & Academic
- Thurs. Oct. 15:** Copyright Law & Other Subjects . Richard Crossin, Lawyer
- Thurs. Oct. 22:** Self Promotion: Methods, Costs & Benefits
James O'Connor, Performer & Blogger
- Tues. Oct. 27:** Making a Record: Talking to Your Recording Engineer
Ray Sykes, Performer & Engineer
- Thurs. Oct. 29:** A Venue Manager's Perspective: Paying the Band . Mark Lyons, Manager
- Tues. Nov. 3:** Selling a Song: The EP Process . Sam Bisbee, Songwriter
- Sun. Nov. 8:** 7 p.m. at **Luna Stage** . Blacks in Blues: Issues of Race & Business in Music
Mike Griot, Promoter
- Tues. Dec. 1:** Publishing for Songwriters & Writing for Publishers
Emily Parasiliti, Publisher & Performer

And more to come!

Harmonica Club

Based on past Harmonica courses, participants have started a U of O Harmonica Club. We will meet once a month to further our knowledge of the instrument and the accessories used to perform. We will work to improve our skills and understanding. Guests will be invited for show and tell. All with interest are welcome.

Email Jamy Lasell for details: jamylasell@mac.com

Instructor: club president to be elected yearly

Time: First Friday of the Month . 7 p.m. - 8:30 p.m.

Location: TBD

Bass Guitar

Music Department (continued)

Bass Guitar Instructions. Need to have an instrument. 4 weeks of classes. Class can continue with agreement of all involved.

Instructor: Declan O'Connell

Time: Mondays November 2 - November 23 . 7 p.m. - 8 p.m.

Location: Ironworks Gallery . 406 Tompkins Street, Orange, NJ 07050

Intro to West African Drum

See full listing in **Adult School at Rosa Parks Community School** section on page 2

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Wellness Department: Athletics, Dance, Health & Mindfulness

Healthy You

Francesca McClain, RN walks you through health topics from community resources to healthy eating.

Instructor: Francesca McClain, RN

Time: Fridays October 23 - November 13 . 7 p.m. - 8:30 p.m.

Location: Ironworks Gallery . 406 Tompkins Street, Orange, NJ 07050

- Oct. 23:** Self Awareness & Increasing Awareness - choosing a doctor, knowing your medical regime & resources in the community
- Oct. 30:** Diseases which affect the minority community - hypertension, stress, diabetes & obesity
- Nov. 6:** Eating Healthy
- Nov. 13:** Exercise and why?

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Urbanism Department

The History of American Cities You Can Learn in Orange Walking Tour

Join us as we kick off the fall 2015 semester with our signature University of Orange walking tour. We will see examples from the last 375 years of urbanization in America as we explore our wonderful city. Wear your walking shoes!

If you missed our walk this Fall, don't worry! We will offer more walking tours this Spring.

Instructor: Molly Rose Kaufman & Mindy Fullilove

Time: Saturday October 3 . 2 p.m. - 4 p.m.

Location: Meet at Orange Public Library . 348 Main Street, Orange, NJ

A Just and Safe Orange II

Join us for the second in our series of community forums about safety and justice in Orange. We will listen to a range of young people discuss their take on youth and violence in our community. Our youth panelists will provide their opinions and suggestions for how city leaders can better engage youth so that we can have an impact on crime within our city.

For more information or to participate in the planning email Associate Dean Khemani Gibson at khemanig2@gmail.com

Date and Location TBD

Unearthing the Future: Reverse Archaeology of I-280

UofO is happy to be a partner in Unearthing the Future: Reverse Archaeology of I-280.

We will be having events, information sessions, and traveling exhibitions throughout the year. Visit our site for more information universityoforange.org

And when it's up you can visit 280orange.org for all Reverse Archaeology information!

Department of Arts & Expression

Paper Mache

This 4-week class will explore the underutilization of paper mache as a medium for everyday items. Students will learn the formal principles and skills relevant to the creation of paper mache items and art. Students will do basic drawings to develop ideas and plans on how to make three dimensional creations. They will make miniature sculptures to practice techniques of paper mache. They will learn to make skeletal structures to construct larger structures. They will also learn the proper use of power tools and hand tools and the safety measures needed for usage. Throughout the course, students will decide on a final project unique to their personality that they will create using the techniques they learn. At the end of the course students will display their creations and have a basic knowledge of the medium. This creative and mentally stimulating course will allow students to share ideas, do hands-on activities and have fun all at the same time. The course is open to ages 14 years old and above.

Please Bring: old newspaper or other paper, masking tape, & Elmer's glue. Bucket, gloves & a smock are optional. Other materials will be announced throughout the course.

Instructor: Littlefinger John Andrek

Time: Saturdays October 24 - November 14 . 9:30 a.m. - 11 a.m.

Location: Ironworks Gallery . 406 Tompkins Street, Orange, NJ 07050

The Joy of Reading

A place where children (Ages: 8-12) can explore the joys of reading for pleasure while discussing issues relevant to what they will face now and in the years to come. Meanwhile, providing a fun, engaging environment for discussion among peers and encouraging adults. Children will also have the option of creating their own short story, based on their own experiences which can be shared among parents and others within the class, on the last day.

Instructor: Brittany Craig

Time: Tuesdays October 13 - November 10 . 6 p.m. - 7 p.m.

Location: Ironworks Gallery . 406 Tompkins Street, Orange, NJ 07050

Technology & Business Department

The Ed Talks - The Business of Music

This is a lecture series by local professionals in the music industry who will be discussing how money is made and lost in the biz.

See full listing in **Music Department** section on page 4

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Check out the Offerings of our Partner & Neighbor Organizations:

ORNG Ink

orngink.com

Ironworks Gallery

406 Tompkins Street

Orange, NJ 07050

Luna Stage

lunastage.org

Luna Stage

555 Valley Road

West Orange, NJ 07052

university of orange graduation requirements checklist:

You can use this sheet to keep track of your accomplishments.

We'll share highlights together at graduation.

- take 2 UofO courses
I took _____
I took _____
- vote
(non-governmental voting applies)
- volunteer
- attend a city meeting
- have fun with your neighbors

FOR MORE INFORMATION, DATES, LOCATIONS, AND UPCOMING EVENTS

check our website [**universityoforange.org**](http://universityoforange.org)